

Clinique Biotonus- Swiss Anti-Ageing Clinic



Located in Montreux on the Lake Geneva shoreline, the **Bon Port Biotonus Clinic** is a renowned medical centre in a haven of peace and tranquillity. We are the only clinic to offer a combined revitalisation treatment programme. Our mission: protect and improve your health.

The Biotonus Centre specialises in so-called "lifestyle diseases" and has firmly built its reputation upon the quality, professionalism and experience of its medical team, as well as its extensive range of treatments and broad array of equipment.

Medical approach

The Biotonus Clinic has been delivering superior expertise to patients for over 30 years.

Our holistic approach factors in the physical health and mental balance of each individual. Combining treatment with a pleasant stay is a recipe for success. We invite you to enjoy one of the luxury rooms and relish the nutritional and refined meals to improve both your health and well-being.

From the medical check-up upon arrival through to the end of your treatment and your stay at the Biotonus Centre, our doctors and our entire team will be on hand every day to listen to your needs, provide advice and keep tabs on your progress.

Most offered Treatments

- ✓ Medical Check-up
- ✓ Anti-Ageing and revitalisation
- ✓ Detox treatment
- ✓ Diabetes Management
- ✓ Depression
- ✓ General Medicine
- ✓ Functional Rehabilitation
- ✓ Post- Operative Stays
- ✓ Aesthetic medicine

Anti-ageing and revitalisation

Drawing strength from our expertise in preventing and treating degenerative diseases associated with stress, overexertion and ageing, we have the privilege of proposing **two** original and complementary **revitalisation methods** that procure additional benefits for our patients and whose effects can be aggregated to produce the best possible results. Our treatments can be combined.

A revitalization according to the Biotonus method

Characteristics: our active products works against the ageing process by strengthening the body's natural defences.

This treatment has an established track record in the treatment of degenerative diseases, such as rheumatic diseases, articular cartilage degeneration, metabolic disorders, cardiovascular diseases, chronic respiratory diseases, digestive diseases, urogenital disorders, neurological disorders and sleep disorders.

Our treatment is also recommended for stimulating hormone production, regulating hormone imbalances, stimulating sexual functions and treating menopause-related conditions, as well as preventing osteoporosis, providing biological protection against cancer, strengthening the immune system and revitalising the body by acting in accordance with the patient's individual needs.

The method simultaneously revives the patient's physical and mental strength.

Treatment length: 4 nights / 5 days with a full medical check-up.

A revitalization according to Professor Aslan method

The **Aslan treatment** was developed in the sixties by Pofessor Ana Alsan. This treatment improves the blood circulation and the cellular oxygenation, it's effective in the prophylaxis of ageing at the molecular level and chronic degenerative ailments. It has a positive effect upon states of depression, fatigue, deterioration of memory and concentration, also on skin and hair aspects, muscular tonus and articulation mobility. In the whole, the patient begins to show signs of improvement in both physical and mental well-being.

Treatment length: 9 nights / 10 days with a full medical check-up.

From our carefully selected treatments, our experienced and competent physicians will help you choose the best revitalisation program:

- ✓ for organic deficiencies we recommend the **Biotonus method**
- ✓ for stimulation of the cellular metabolism we recommend the **Alsan method**

Furthermore, we use specific active principles. By stimulating the cellular metabolism, they have a protective effect against stress, burnout and problems of ageing.

Location:

Ideally located in the city center of Montreux. Therefore, you can combine your treatment with amazing sightseeing possibilities of beautiful Montreux. Montreux is only 90 minutes away from Geneva Airport.

Additional Services

We will be pleased to help you for your hotel reservation, airport transfers, translation services, visa invitations or any other kind of special needs. **More information you find [here](#)**



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